


 MovingToLive.org
 Parkinsons@MovingToLive.org

 P.O. Box 32, Colby, KS 67701
 @ParkinsonsFamilies

3rd Annual “*Moving to Live*” Run-Walk-Bike-A-Thon

Saturday, April 29, 2023, 10:00 AM
CCC Steve Lampe Athletic Center, Colby, Ks

Thank you for considering supporting Parkinson’s Families of Northwest Kansas, newly established in November 2020. We are individuals affected personally by Parkinson’s Disease (PD), either as survivors in all aspects of the disease’s degenerative progression or as primary caregivers of a family member with this condition.

Our community is in a “medical desert,” meaning we live in a region with inadequate access to medical services. Specifically, individuals with Parkinson’s in our area travel regularly for up to 8 hours to see a neurologist and movement specialist either in Hays or Denver. The ability to support local individuals with PD and offer resources is a need that must be filled.

Parkinson’s Families is now the only organization within at least 150 miles whose sole mission is to improve the health and well-being of PD individuals.

We offer weekly classes that include specialized fitness and stretching, peer support and counseling, and rotating services/presentations that include diet and nutrition, art, music therapy, and other related topics—FREE OF CHARGE—for those affected with PD.

Please consider a sponsorship of \$250.00 to help continue these essential services for Parkinson’s individuals and their caregivers. Your support will include a t-shirt with the name of your business on the back. We appreciate your generosity.

Please send your check and t-shirt size to the following address:

Parkinson’s Families of Northwest Kansas
PO Box 32
Colby, Kansas 67701

Kind Regards,
Director Elaine Ptacek, Vice President Linda Sowers, Treasurer Crystal Berg



T-Shirt Size: S M L XL XXL